

*The Spa*  
at  
**Kilkea Castle**

*Day Spa Packages*



**ELEMIS**

HYDRA-BOOST  
SENSITIVE  
DAY CREAM

Day cream for sensitive skin  
Crème de jour pour  
sensibilité

## **WELCOME TO THE SPA AT KILKEA CASTLE**

Welcome to our luxurious boutique Spa. The Spa at Kilkea Castle is designed to create a relaxing and mindful environment. We have focused on creating a unique and enriching experience to nurture the mind and body

### **ELEMIS**

We are delighted to feature ELEMIS, the world's premier Spa and Skincare brand. ELEMIS therapists make it personal: they look, they listen... They tune into you, performing transformative treatments, personalised to respond to the ever-evolving rhythm of your life and the ever-changing nature of your skin.

A healing hub where touch and technology are turbo-charged by the power of minerals, plants and active natural aromatics. All the treatments are designed to support great skin health, to respect that skin is alive. No two skins are the same. And no two bodies are the same. Every skincare therapy is shaped and moulded around you. Personalised for a results-driven, couture experience.

### **To book or to find out more information**

**T:** +353 59 9167523

**E:** [spa@kilkeacastle.ie](mailto:spa@kilkeacastle.ie)

## SPA | PACKAGES

### Bespoke Baronial Spa Package

Our Bespoke Baronial Spa Package allows to create your own package depending on your individual preference, allowing you to have complete control of your day. A Spa Day fit for a Queen! Commence your Spa Journey in our Thermal Suite which offers a Hydrotherapy Pool, Sauna and Steam Room.

Choose 1 treatment from the following:

- Swedish Full Body Massage
- Elemis Customised Facial
- Luxury Manicure
- Luxury Pedicure

*And*

Choose 1 treatment from the following:

- Head, Neck and Shoulder Massage
- Back, Neck and Shoulder Massage
- Bespoke Mini Facial
- Mini Manicure
- Mini Pedicure

**1.5 hrs treatment time | Midweek €119 | Weekend €129**

### Relax like Royalty

Enjoy ultimate relaxation and be treated like royalty. Commence your Spa Journey in our Thermal Suite which offers a Hydrotherapy Pool, Sauna and Steam Room followed by:

- 40 min Elemis Customised Facial and
- 40 min Targeted Massage

**80 min treatment time | Midweek €99 | Weekend €109**



## SPA | PACKAGES

### Lady Elizabeth Grey Afternoon Tea Delights

Escape into a world of relaxation and rejuvenation with our Great Escape. Commence your Spa Journey in our Thermal Suite which offers a Hydrotherapy Pool, Sauna and Steam Room followed by:

- Back, Neck and Shoulder Massage
- Bespoke Mini Facial
- Indulgence with Afternoon Tea in the Castle

**60 min treatment time | Midweek €120 | Weekend €130**

*(Must book 24 hours in advance)*

### Midweek Majestic Retreat

Enjoy some midweek pampering and relax with the following. Commence your Spa Journey in our Thermal Suite which offers a Hydrotherapy Pool, Sauna and Steam Room followed by:

- Back, Neck and Shoulder Massage
- Bespoke Mini Facial
- Mini Manicure or Mini Pedicure

**90 min treatment time | Midweek €109**







## SPA ETIQUETTE

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Our Spa environment is one of relaxation and tranquility. Please respect all Spa guests' right to privacy and serenity. To maintain this, the Spa is a mobile phone free zone.

### ARRIVAL

Please arrive 15 minutes before your scheduled treatment time to complete your consultation. If you are enjoying the Thermal Suite please allow up to 1 hour before your scheduled treatment time. Please note times may deviate by 15 minutes.

### HEALTH CONDITIONS

Kindly advise us of any health conditions, allergies or injuries which could effect your choice of treatment when making your spa reservation. Please note that individuals with high blood pressure should avoid body wrap treatments and the steam room. If you have any health questions or concerns about a spa treatment, please consult with your physician prior to your appointment.

### PREGNANCY

We have specially designed treatments for expecting women or nursing mothers. Please allow our spa team to guide you in selecting which treatments are most suitable during this special time. Please note that pregnant women should avoid wrap treatments and the steam room. If you have any questions regarding treatments, consult with your doctor prior to your appointment.

### VALUABLES

The Spa at Kilkea Castle accepts no responsibility for loss of valuables and jewelry at any time on the Spa premises. All valuables should be kept securely in the lockers provided.

### CHILDREN'S POLICY

We are delighted to offer manicure and pedicure services for children under 18 years old at our Beauty Lounge. Access to the rest of the Spa including the spa changing area, heat experiences, thermal floor and fitness area must be 18 years or older.

### GIFT VOUCHERS

Give the gift of luxury with a Gift Card for The Spa at Kilkea Castle. Please contact our Spa reservations team for details.

### CANCELLATION POLICY

Since treatments are reserved especially for you, please make any cancellations 24 hours prior to your appointment in order to avoid being charged in full.



**Kilkea Castle**

Est~1180

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